

**NATIONAL PROGRAMME FOR PALLIATIVE CARE (NPPC),
NATIONAL HEALTH MISSION, MIZORAM
FY 2024-2025**

State Nodal Officer : Dr. Catherine Lalmuanawmi, Radiation Oncologist.

- **Goal :** Through this programme, terminally ill cancer patients are getting pain relief and other supportive care.

Availability & Accessibility of rational, quality pain relief & palliative care to the needy as an integral part of health care at all levels in alignment with community requirement.

- **Current Status :** NPPC is a National Programme, implemented in Mizoram since October 2016 and currently covered eight (9) districts – Aizawl East, Aizawl West, Champhai, Kolasib, Mamit, Lawngtlai, Lunglei, Serchhip & Siaha. State Palliative Care Cell is also established at Directorate of Hospital & Medical Education

- **Services available under NPPC :**

1. OPD Services available at District Palliative Care Unit.
2. In Patient Service – 10 Bedded Palliative Ward at MSCI, Zemabawk and 4 Bedded Palliative Ward at Lunglei District Hospital available.
3. Home Visit – By Doctor & Nurses under District Palliative Care Cell for bed ridden cancer patients to offer supportive care and psychological and moral support for the affected family.

- **Training & Meeting under NPPC :**

1. Orientation Training / TOT on treatment, survivorship, palliative care, navigation and family support in the state of Mizoram which was organised by ECHO India held on 4th and 5th May, 2024 in New Delhi was attended by Dr. R. Vanneihsang, Medical Officer, Khawhlailung PHC & Betsy Lalhlipuii, Staff Nurse NPPC, MSCI.
2. Online Meeting of NPPC State Cell, District Nodal Officer, NPPC, Medical Officer i/c NPPC and Food & Drugs Administration, Govt., of Mizoram on Opioid Availability in Mizoram was held on 20th June, 2024 (Thursday) jointly organised by NPPC, Mizoram and Pallium India.
3. National Online Review Meeting was held on 17th September, 2024 (Tuesday).
4. Training of newly recruited Medical Officer (36 nos) on Palliative Care held on 25th October, 2024 (Friday) @ DHME Auditorium, MINECO, Khatla.
5. Review Meeting cum Refresher Training under NPPC was conducted on 30th January, 2025 (Thursday) @ DHME Auditorium, MINECO, Khatla.
6. National Review Meeting for Palliative Care held on 27th February, 2025 by MoHFW was attended by Dr. Catherine Lalmuanawmi, State Nodal Officer, NPPC and also present a powerpoint presentation on the topic Palliative Management in Institutional Settings.
7. Five Days Hands on Training of Doctors & Nurses on Home Base Palliative Care & Pain Management was held during 24th to 28th March, 2025 (Monday to Friday) @ MSCI Zemabawk.

• **Achievement & Performance :**

- **Renewal of Registered Medical Institute License (RMI)** for procurement, storage and dissemination of Morphine for 9 district Hospitals namely – Civil Hospital Aizawl, Mizoram State Cancer Institute (MSCI), State Referral Hospital Falkawn, District Hospital – Champhai, Kolasib, Mamit, Lawngtlai, Lunglei, Serchhip and Siaha had been completed.
- **World Hospice and Palliative Care Day** was observed on 11th October, 2024 (Friday) @ DHME Auditorium, MINECO, Khatla.
- TV Spots on Palliative Care was broadcast on Local Cables and Article on Palliative Care was published at Local Newspaper.
- **Procurement of Morphine and Home Based Care Kit for Palliative patients at Free of Cost.**
- **IEC (Information, Education & Communication)** – Printing of Leaflets, Pamphlets, Poster, Panel Discussions and Making of TV Spot and Broadcasting on local channels like DDK, Zonet & LPS and Awareness Campaigns along with Free Clinics.

• **Case Detection & Reports FY 2024-2025 :**

- No. of New Patients (Palliative) seen in OPD - 1815
- No. of Follow up Patients (Palliative) seen in OPD – 5827
- No. of patients referred to Tertiary Care (MSCI) - 57
- Total No. of Patients admitted in IPD - 2332
- Total No. of Patients seen in Home Based Care - 238
- Total No. of Follow-up Patients seen in Home Based Care - 1257
- Total No. of Patients Referred from Home to Palliative Care unit/SC/PHC/CHC – 36
- Total No. of Caregivers provided training in Home Based Care - 158
- No. of dead at Hospital - 175
- No. of dead at Home - 234