

- To ensure the success of the procedure, the acceptor should get the semen analysis done after 3 months of the procedure.

Does NSV protect against STI/HIV?

- No. NSV only prevents pregnancy. It neither protects the man or his spouse against STI/HIV
- The best way to protect yourself and your partner from STI/HIV is by using condoms during each sexual act.

Can NSV be reversed?

- NSV is a permanent method but reversal is possible. However, the reversal operations are expensive and are not always successful.

Who should be contacted for NSV?

- One can contact PHC/ CHC/ Sub district or District hospitals or nearest health care provider for more details.



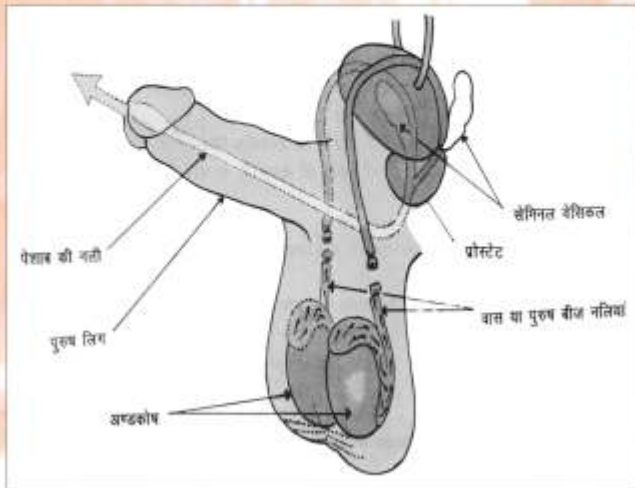
ADOPT NSV AND BECOME PATI NO. 1



Family Planning Division
Ministry of Health and Family Welfare
Government of India

What is no-scalpel vasectomy (NSV)?

- It is a simple and safe procedure that cuts and ties the ends of the vas - the tubes through which sperm passes - and prevents the flow of sperms out of the testicles.



What are the advantages of NSV?

- No incision or stitches involved
- Procedure takes only 5-10 minutes. One can leave for home 30 minutes after the procedure
- NSV is safe and does not reduce sexual power of man
- It does not cause any physical weakness.

Who should adopt NSV?

- Has completed family size and does not want any more children
- Those who wish to adopt a permanent contraceptive method.

Are there any after-effects of NSV?

- NSV is safe and simple. However, it could have temporary after-effects such as:
 - Swelling and/or tenderness of the scrotum
 - Bruising or pain

These after-effects usually subside within 1-2 days.

How soon can a person go back to work after undergoing NSV?

- If your job doesn't involve heavy work, you can go to work after 48 hours
- Manual labor should be avoided for at least 48 hours
- Cycling can be resumed only after 7 days.

Will NSV affect sexual ability of man?

- NSV does not change sexual ability of man.
- No CHANGE in
 - Erection
 - Size of the penis or testicles
 - Amount of semen discharge
- NSV frees man from the worry of unwanted pregnancy and this makes sex more pleasurable.



Does NSV make the man sterile immediately?

- NO. After NSV, there are always some active sperms left in the tubes for at least 20 ejaculations/3 months after this procedure
- The couple should use some other form of contraception for three months after the NSV procedure or until the semen analysis shows no sperms